

Programs List

Term Three, 2025



AA

Alcoholics Anonymous meeting at Spotswood Community House. Fridays from 12.45 pm. Contact 1300 222 222.



ADAM TURNBULL ACTING

Acting classes at Joan Kirner House. Thursdays from 5pm to 9pm. Contact Adam 0419 593 257.



ARTFUL MIND

NDIS Registered program at Joan Kirner House. Mondays from 1pm. Contact Janine 0412 152 507.



AUSTRALIAN BOATING COLLEGE

Boating exams at Joan Kirner House and Spotswood Community House. Contact Daniel 0408 369 664.



BRAINWORKS TUTORING

Kids tutoring at Altona North Community House. Saturdays at 9am. Contact Ashok 0434 518 247.



BOOK SISTERS

Book Club at Joan Kirner House. Third Tuesday of the month from 7.00pm. Contact Nicola 0418 568 406.



KALI 3 DIMENSIONAL

Martial Arts classes at Joan Kirner House. Mondays from 6pm. Contact Nick 0416 806 878.



LIZA ROSE FLORISTRY

Floristry arranging classes at Joan Kirner House. By appointment.
Contact Liza 0416 268 959.



ACQUIRE ACADEMY

Kids tutoring at Altona North Community House. Mondays from 5pm to 7pm. Contact Sarah 0457 880 030.



ART CLASSES

Kids, teens and adult art classes at Joan Kirner House. Wednesdays and Thursdays. Contact Shelley 0478 074 075.



ARTFUL WARRIOR

NDIS Registered program at Spotswood Community House. Wednesdays from 1pm. Contact Lee 0458 029 850.



BAHAI OF HOBSONS BAY

Bahai youth group at Joan Kirner House. Saturdays at 11am. Contact Maria 0408 144 562.



BONE BOOSTERS

Gentle exercise for mature aged people at Joan Kirner House. Thursdays at 1pm. Contact Tahlia 03 9397 6168.



DA SILVA INNER CIRCLE

Guided energy healing in a supportive, soulful environment. Thursdays from 6.30pm. Contact Eddie 0423 515 807.



LIFESTYLE CONNECTION

Empowering individuals with disabilities with tailored assistance and skill development, Monday to Friday at Joan Kirner House. Contact Tammy 0414 842 297.



MINDFULNEST THERAPEUTIC

Mental health and wellbeing of babies, toddlers, children and families aged 0-12 years old. Contact Rosie 0401 575 390.



Programs List



MYTIME PLAYGROUP

Playgroup for children with disabilities at Spotswood Community House. Fridays from 9.30am. Contact Loan 046<u>6 105 940.</u>



WEIGHT LOSS SUPPORT GROUP

Weight Loss Support Group at Joan Kirner House. Mondays from 7pm to 8pm. Contact Sarah 0439 972 074.



WU TAO

Dancing classes at Joan Kirner House. Third Saturday of the month from 1.30pm. Contact Jo 0438 414 331.



SUNRISE YOGA

Early morning yoga classes at Joan Kirner House. Thursdays from 7am. Contact Ron 0411 723 669.



WILLY WARGAMING

Gaming club at Joan Kirner House. Fridays from 5pm to 9pm. Contact Matthew 0438 054 740.



ZONTA CLUB

Women's advocacy club at Joan Kirner House. Second Tuesday of the month. Contact Faye 0411 607 995.

FREE Initiatives



MORNING TEA

Community morning tea every Wednesday at Joan Kirner House from 11.00am to 11.30am.



WALKING GROUP

Walking group meets at Joan Kirner House each Wednesday at 10.15am for a 45 minute slow to medium paced walk.



RECYCLING

Recycling Made Easy hub in the foyer of Joan Kirner House. Open to the community during business hours.



COMMUNITY GARDEN

Community garden beds at rear of Joan Kirner House. Help yourself to some mint and basil and ask us how you can help!



MONTHLY BBQ

Monthly community barbeques at Joan Kirner House. View our calendar of events for all BBQ dates!



FOOD RELIEF

Food relief available at Joan Kirner House Monday and Friday 10am to 1pm. Please contact Tahlia on 03 9397 6168.



OPEN ACCESS COMPUTER

Two open access computers in the foyer of Joan Kirner House with printing facilities available to use.



COMMUNITY KITCHEN

Access to a quiet eating space, microwave, refrigerator as well as tea and coffee making facilities.



FREE Initiatives



FRESH PRODUCE SWAP

Bakery produce replenished daily. Leave any fresh fruit or vegetables from your garden and take what you need.



SEED SWAP

Donate seeds for others to take home or collect seeds for your gardens at home. Make sure to label the envelopes!



FREE CHARGEBAR

Charging station with multiple cables to cater for all devices. Available to all during business hours.



ACCESS POINTS

If we are unable to meet specific needs, our staff can refer you to other community agencies for support.



FREE WIFI

Free WiFi at Joan Kirner House. Anyone is welcome to use - just ask us at reception for the password.



BOOK SWAP

Book swap available in the foyer of Joan Kirner House. Take home something new and leave something for others to read.



FREE PERIOD PRODUCTS

Free period products available Monday to Friday at Joan Kirner House. Proudly supported by Share the Dignity.



ADDITIONAL ACTIVITIES

Email admin@wcec.com.au to join our newsletter list for updates on workshops and sessions running through the year.



OPEN DAY AT ALTONA NORTH COMMUNITY HOUSE

Altona North Community House hosts an open day each Thursday from 10am to 12pm during school term dates. 7 Plover Drive, Altona North.

- Referral Services
- Pantry Swap
- · Free Coffee and Tea
- Computer Classes
- Food Relief
- Bridging the Digital Divide ('One to One' IT assistance, by appointment only).
- Book Swap
- Boomerang Bags
- Venue Hire Inspections (at community rates).

SPONSORED BY:













Education Programs

To join any of our Pre-Accredited classes, call Lynne on 03 9397 6168.

Digital Skills



COMPUTER CLASSES

Learn the absolute basics of using a computer including using the internet, email, Microsoft programs and more.



SMARTPHONE CLASS

Introduction to using smartphones including useful apps, device features and much more. Tuesdays from 9.30am at Joan Kirner House.



COMPUTER EXTRA NEEDS

Basic computer class to support additional barriers at Joan Kirner House. Tuesdays from 9.30am to 11.00am.



JOB READY

Improve your English and digital skills to help you find suitable employment. Fridays from 9.30am at Joan Kirner House.

Individual Digital Skills Support



BRIDGING THE DIGITAL DIVIDE

Free assistance to complete online admin, including online payments, MyGov, Medicare, email, Centrelink, VicRoads, bills, medical, service providers, etc.

Call Lara on 03 9397 6168 to make an appointment.





Free digital skills support to build confidence and enhance online safety. One to one sessions can focus on any of your digital concerns, including scams awareness, updating devices, managing passwords, online banking, and much more!.

BE CONNECTED

Call Lucila on 03 9397 6168 to book a session.

Printing, photocopying and scanning facilities available during business hours at Joan Kirner House. Ask at reception.





Education Programs

To join any of our Pre-Accredited classes, call Lynne on 03 9397 6168.

English Classes



INTENSIVE EAL

English class for absolute beginners at Joan Kirner House. Mondays and Wednesdays from 9.30am to 12.00pm.



DRAMA AND LANGUAGE

Learn English through Drama for Language and Life at Joan Kirner House. Mondays from 12.45pm to 2.45pm.



BASIC CONVERSATION

Improve your conversational English skills at Joan Kirner House. Thursdays from 9.30am to 1.00pm.



HIGH SPEAKING

Improve your English communication skills at Joan Kirner House. Wednesdays from 12.30pm to 2.30pm.



BEGINNERS READING

Improve your reading and communication skills at Altona North Community House. Mondays at 9.30am.



READING AND WRITING

Improve your reading and writing skills at Altona North Community House.
Tuesdays and Fridays from 9.30am.





Spotswood Conversation



FREE CONVERSATION CLASS

Beginners conversation class at Altona Library. Mondays at 1.00pm. Contact Jill on 0439 994 705.



SPOTSWOOD CONVERSATION

Conversation class to learn about the local community. Tuesdays at 12.30pm. Contact Lynne 03 9397 6168.

Laverton Community Education Centre SEE and AMEP Program



SEE AND AMEP PROGRAM

SEE and AMEP classes on Tuesday, Wednesday and Thursdays at Joan Kirner House. Contact Laverton Community Education Centre on 03 9369 2726 to enquire about courses.