

Newsletter August 2019

Joan Kirner House and Spotswood Community House

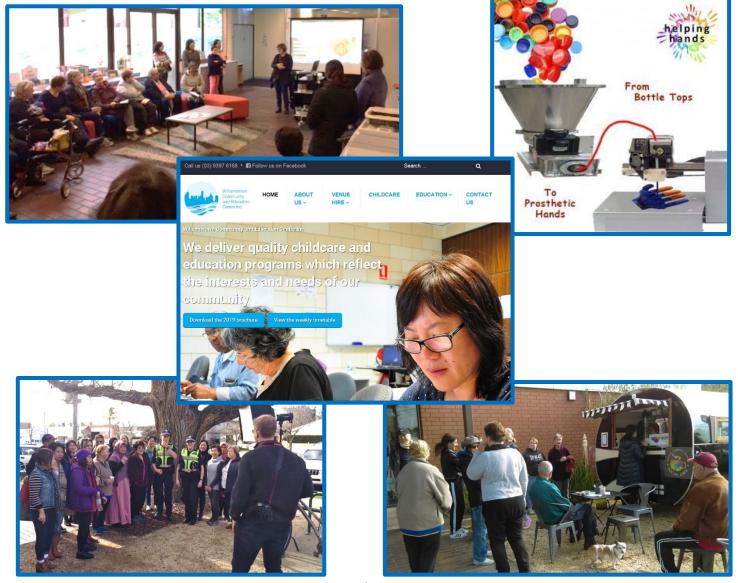
For Members, Committee, Staff, Volunteers, Students, Parents, Stakeholders, Centre users, Partners, Sponsors and Our Community

Find us on **f**



This Month?

IT Info Session, Bottle Top Recycling, New Website, Police Visit, Pop Up Café... and more!



Upcoming Birthdays

Veli, Treasurer August 11. Lara, Operations Coordinator August 12. Jon, Committee Member August 16.

In the Media

- 'Community Grants Program' in the Bendigo Bank Newsletter. July 2019. See HERE.
- 'The language of drama' in Adult Learning Australia Member Newsletter. July 2019. See below.

Coming Up...

- Keep Australia Beautiful Week. August 16 to 22.
- Tuesday August 20 at 12.00. FREE Keep Australia Beautiful Week Community BBQ. At Joan Kirner House. *
- Wednesday August 7, 14, 21 and 28 FREE Willy Walking Group from 10.15 am to 11.00 am, starting at Joan Kirner House. *
- Wednesday August 7, 14, 21 and 28 FREE Community Morning Tea at 11.00 am at Joan Kirner House. *
- Wednesday August 7, 14, 21 and 28. FREE Barista style coffee at the Pop-Up Social Café, Joan Kirner House at 11.00 am.

*Sponsored by the Hobsons Bay Community Fund.



Computers for Absolute Beginners!

A reminder that we now have introductory computer classes, at several locations across Hobsons Bay, at a range of days and times.

Joan Kirner House in Williamstown.
Monday afternoons, Tuesday mornings and

afternoons, Wednesday mornings, afternoons and

late afternoons, and Thursday mornings and

afternoons.

Altona North Library.
Tuesday mornings and Wednesday mornings

Altona Meadows Library.
Monday mornings.

Call Lynne on 9397 6168 for more details.

ARTFUL MINDS

An exploration of Art als Therapy Tuesdays 1:00pm-4:00pm at Spotswood Community House

The aim of art as therapy is to engage participants in developing skills to utilise art as a therapeutic tool, to improve relaxation, decrease anxiety and provide a space for creative self-expression. Art therapy is offered one-on-one in the participants home or in a small group of up to six.

Overall the group aims to provide a supportive and social environment in which participants can feel that they can learn and share their skills and knowledge with one another, as well as encourage one another. This will encourage participants to learn and develop new skills and build positive relationships.

Group facilitator:

Janine Hourigan
NDIS Service Provider

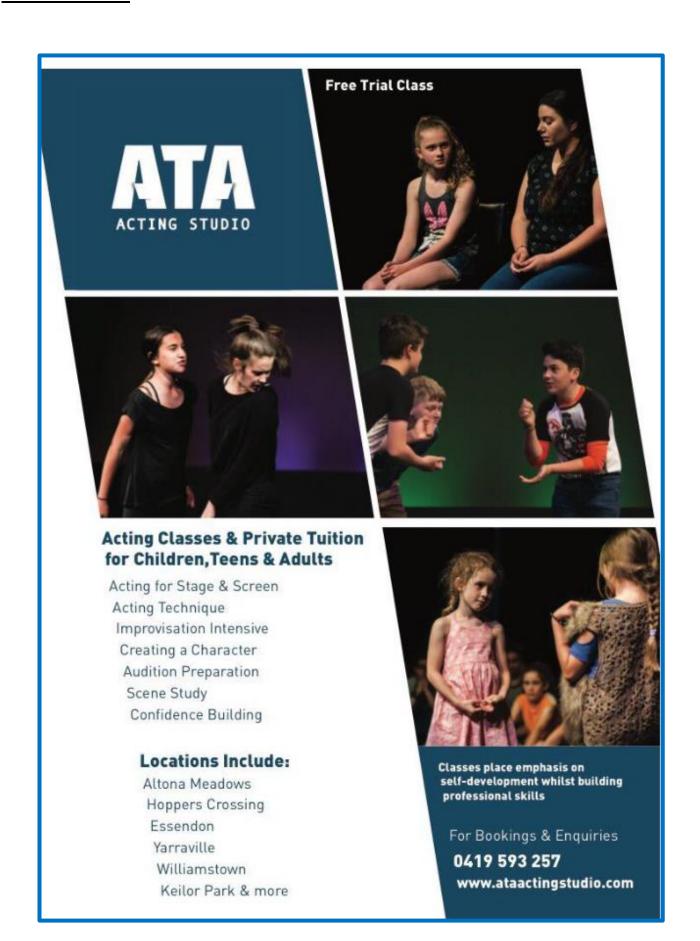
Registered Art therapist

Mental Health specialist (Bachelor Degree Mental Health)

member ANZACATA mobile: 0412 152 507

email:mandalamandala11@gmail.com

FREE Trial Class





2020 Childcare Programs

Program	Session Times	Ages	Enrolment Period	Fees
Occasional Care	Monday 9.15am – 12.15pm Thursday 9.15am – 12.15pm Friday 9.15am – 12.15pm	12 months to 5 years	Term by Term	\$12 per hour (\$36 per session) Concession/Sibling rate: \$10 per hour (\$30 per session)
2 ½ + Year Old Activity Group	Tuesday 9.15am – 2.15pm	2 ½ to 5 years	Annual	\$12 per hour (\$60 per session) Concession/Sibling rate: \$10 per hour (\$50 per session)
3+ Year Old Activity Group	Wednesday 9.15am – 2.15pm	3 to 5 years	Annual	\$12 per hour (\$60 per session) Concession/Sibling rate: \$10 per hour (\$50 per session)

All sessions are dependent on enrolment numbers.

For all enrolment enquiries please contact Penny on 9397 6168 or admin@wcec.com.au

Parenting with Presence Meet up Group

Amanda and Suzanne from *Present Mindfulness Academy* will be hosting an evening for parents.

To learn about conscious parenting, meet other like-minded parents to discover insights about their triggers, and learn how to develop self-regulation for better communication and connection with their child and themselves.

Thursday August 1 from 7.00 pm to 8.30 pm at Joan Kirner House, 14 Thompson St. Williamstown.

First session is free.

Thereafter \$15 for every first Thursday of each month.

Includes meditation, tea and snacks in the safe and friendly foyer space.

Present Mindfulness
Academy

Share the Gift of Mindfulness. Be Gresent!

Book your attendance with Suzanne on 0430 151 953.

Turning bottle tops into prosthetic hands

Penny at Reception has set up a new recycling initiative for our Centre.



"Envision Hands turns recycled plastic bottle tops into prosthetic hands and arms.

Using a 3D printer, they can custom make a hand that allows the wearer to undertake basic tasks. Envision Hands are distributed to those in need in third world countries as well as locally.

Envision currently need soft drink, water and milk bottle tops (including long life container tops). The tops should be numbered either **No 2 or No 4** and be clean before donated.

Envision strive to play a part in the reduction of the carbon footprint through using up-cycled and recycled materials wherever possible in the goods made. More info on their website **HERE**"

Bottle caps can be put in the recycle box out front of Joan Kirner House.



Mobil Refinery 70th Birthday

There is a great YouTube video <u>featuring our Centre</u> for the 70th anniversary of the Altona Refinery.

It includes the history of Altona and some excellent old film footage. My takeaway? If there was no Altona Refinery, there wouldn't have been an Altona.

Also, thanks again to Mobil Altona Refinery for all your help and support to our Centre, over many years.

The video is **HERE**.



Improve Digital Skills Info Session

Thanks to Anne, Project Officer for a great performance on July 17, where we had over 30 attendees at this presentation.



Thanks also for the support of Hobsons Bay Community Fund, Be Connected and the Good Things Foundation for supporting this initiative.

The link to these free and easy to use online courses is **HERE**.









Bendigo Bank Support

With Altona, Laverton Community Bank Branches and Point Cook Business Centre support we have enrolled 24 students into existing classes.

The Banks support provides English language learning for new arrivals who are ineligible for government subsidised training.

Students are in classes at Joan Kirner House in Williamstown, Spotswood Community House, Altona North Library and Dulcie Shaw House in Altona North.

Community grants program.

Our first round of community grants for 2019 have been completed, and our successful applicants notified. It really is the most satisfying feeling to see, first-hand, the difference we are making within our community.

The Williamstown Community and Education Centre, down at Joan Kirner House were pretty thrilled to receive their novelty cheque – who doesn't love an over-sized cheque?

Mark Brophy and the team were in the middle of their weekly morning tea and it was the perfect time to see the centre full of smiling faces.

Our funds will help to support the Engaging Refugees and Asylum Seekers Project by bringing

English Language classes to those who would normally find difficulty accessing them.

Well done to Mark and the team and thanks for including us in your journey.



Article in Bendigo Bank Newsletter by Melissa Longo

Water Safety Program

Lynne, our Education Coordinator recently took some of our students on a water safety program.

"Life Saving Victoria ran another successful water safety program with our students at the end of term two.

Activities covered included safety around water, basic CPR, learn to swim skills and water aerobics.

For some of our students, this was the first time they had been in a swimming pool!"



Our Jodie in the 'Adult Learning Australia Member News'

The language of drama

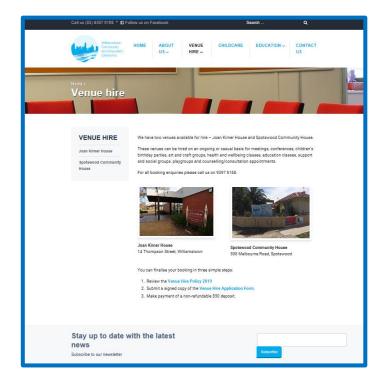


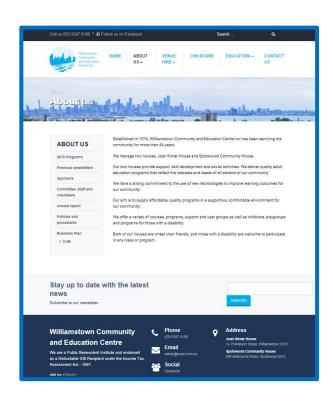
Jodie Whitehurst from the Williamstown Community and Education Centre is interested in establishing an online group/forum of practitioners interested in drama and language education. This group will keep people up to date with resources, research, PD available locally, interstate and internationally, and provide a forum for discussion and collaboration. Please contact <u>Jodie</u> for more information.

Students on excursion to the National Gallery of Victoria.



New Website Launched





Check out our new website **HERE**

Significant thanks to Andrew Brunton for all his hard work on developing our new site.

Brunton & Co.

Excellent work!

Update - Parking at Joan Kirner House

Our ongoing campaign to have reserved parking for our Centre users on the Thompson **and** Cecil street frontages of Joan Kirner House.

I delivered our Petition to Council on July 10.

We expect it will be on the Agenda for the next Council Meeting on Tuesday 13 August at 7.00 pm.

These meeting are live streamed and recorded.

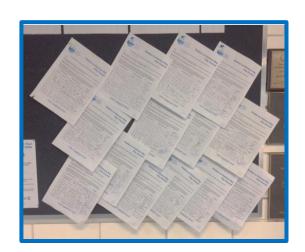
See the Council web site **HERE**.

We secured 200 signatures and 39 online at Change.com.org.

A total of 239.

Thanks to everyone who has supported our Centre with this campaign.

I'll keep you all informed of developments...





SEEKING VOLUNTEERS

Social Pop-Up Cafe

Gateway Community Services has an exciting new community project that aims to address social isolation and promote health and wellbeing in our local community.

Project aims: to provide a mobile coffee trailer, that will be set up in various locations around Hobsons Bay. The project encourages people who are isolated and lonely to come out of their homes and enjoy a free hot drink, snacks and promote social engagement.

Volunteer Role:

- Interested in community engagement
- Cafe or Coffee making skills or experience (training provided)
- Work effectively in a small team environment.
- Assist with cleaning and maintaining of pop up café trailer.
- Adhere to safe work practices, i.e. lifting of boxes; comply with the food safety regulations etc.

If you are interested in this volunteer opportunity please contact

P: Alex Baxter: 03 9399 3511

E: socialcafe@gatewaycommunityservices.org.au

W www.gatewaycommunityservices.org.au



And can reverse a caravan too! @

This Month's Profiled People

Ema Trojkovic - Volunteer

Ema started with us this year and helps in teaching English one to one and in classes.

She used to run her own retail outlet, Troy House of Music in Footscray for over 30 years. She dealt with customers, staff, sales and administration.

Ema also has skills in bookkeeping, sales and has qualifications in the IT area.

Barb Olsen - Childcare

Barb started with us in 2018 and is a Team Leader in our Tuesday and Wednesday activity groups with Gemila and Yuri.

She has had considerable experience, including being a Director of Occasional Care and Coordinator of a Creche.

Barb has the equivalent qualifications as a Diploma in Childcare.



Jeff Bolton - Committee Member

Jeff has been on the Committee since 2015.

He has had experience coordinating VET in Schools, running an RTO in a Horticultural studies program at an Islamic School. He also runs his own local landscaping business.

Jeff has his Certificate IV in Assessment and Workplace Training as well as a Diploma of Education and Training and a Bachelor of Education.



Managers Musings

Our sector is often renowned for the significant social benefits a Community Centre provides to the community. We are all familiar with this 'Social Return'.

However, there is another benefit that Community centres bring to our community, and that is the **economic benefit**. Let me explain.

Our Community Centre uses just \$1.00 of your Council rates, to generate another \$12.00 into our community.

How so?

Council provides funding to us under a 'Service Agreement'. We need to deliver on annual 'KPIs' and 'Objectives'.

Last year, we received funding for both Joan Kirner House and Spotswood Community House of about \$74,000.

Among other things these funds help cover costs and salaries.

These Council funds also help us apply for programs and initiatives.

Our total income for last year was nearly \$900,000.

We received nearly \$120,000 for Commonwealth programs and another \$414,000 for Victorian Government programs and projects.

Then there is childcare, rentals and philanthropic project funding of over \$220,000.

This is nearly \$780,000 in <u>extra</u> annual income, from <u>outside</u> the municipality, that this <u>one</u> Community Centre brings into Hobsons Bay.



We can secure this funding as we are an Incorporated Association, Charity and have all the necessary registrations, licenses, contracts, approvals and governance structures.

Where does all this money go?

Well firstly, as a Not-for-profit we can give back to our community.

Most, nearly \$670,000 goes in salaries. Providing employment for over 25 staff and contractors.

Then they, in turn, aside from working on programs and projects that support our community, and providing for their families, spend their money in our community, supplying even more money and jobs that flow into our community.

The rest of the funds, \$110,000, is mostly spent on running the Centre and purchasing local services and goods. Even more money that flows into our community and creates jobs.

So not only is there the social benefit, but the financial return on investment that your local Community Centre provides on every dollar of your rates.

In a world where you often don't get good value for money, it's nice to know that your local Community Centre can bring in an extra \$12.00 for every \$1.00 of your Council rate investment.

On the topic of money, under the NHVic Collective Agreement staff will have noticed the **annual increase in pay rates** from the start of the financial year.

Also, for those not at the top of your level or increment and years of service, you will notice an increase each anniversary you are at the Centre.



If you have any questions, need clarification or want to see the new Pay Table, please see me.

Reminder to Teachers of your **Professional Development Day** on Wednesday August 7, where among other things we will hear about Jodie's Scholarship adventures.

See Lynne for more details.	
Mark.	

Mark Brophy, PhD
Manager
Williamstown Community and Education Centre Inc