

Newsletter November 2025

Joan Kirner House, Williamstown Spotswood Community House Altona North Community House

What's Coming Up?

- Tuesday November 4. Melbourne Cup Day public holiday.
- **NEW!** Saturdays 10.00 am to 12.00. **Little Light Makers**. Kids art classes. Spotswood Community House. Details below.



- NEW! Wednesdays 7.00 pm to 9.00 pm. Improv Comedy. Joan Kirner House. Details below.
- Wednesday November 5 12,19 and 26. FREE! Willy Walking Group. Sponsored by the Hobsons Bay Community Fund. From 10.15 am to 11.00 am, starting at Joan Kirner House.



- November 10 to 16. National Recycling Week.
- Wednesday November 12. National Recycling Week BBQ. Joan Kirner House. 12.15 pm.
- Starting November 10. Clothes Swap. In the lobby of Joan Kirner House. Details below.





- Wednesday November 5 12,19 and 26. FREE! Community Morning Tea. Joan Kirner House at 11.00 am. All welcome!
- Food Relief at Joan Kirner House in Williamstown. Mondays and Fridays 10.00 am to 1.00 pm (ask for Tahlia), and at Altona North Community House on Thursdays 10.00 am to 12.30 pm (ask for Lara).
- \$100 Power Saving Bonus for concession card holders. Details below.



As proud sponsor for the 'Creating social change and diversity category' for the 2025 Hobsons Bay Business Excellence Awards, congratulations to the 2025 winner, Amarapave.



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OPEN DAY AT ALTONA NORTH COMMUNITY HOUSE

Altona North Community House hosts an open day each Thursday from 10am to 12pm during school term dates. 7 Plover Drive, Altona North.

- Referral Services
- Pantry Swap
- Free Coffee and Tea
- Computer Classes
- Food Relief
- Bridging the Digital Divide ('One to One' IT assistance, by appointment only).
- Book Swap
- Boomerang Bags
- Venue Hire Inspections (at community rates).

SPONSORED BY:











Recycling Week Clothes Swap



We are now accepting donations of good quality, pre-loved clothing.

Please drop off donations to reception at Joan Kirner House, 14 Thompson Street Williamstown.

The clothes swap will run in the foyer of Joan Kirner House from Monday 10 to Friday 21 November.

Any clothes left at the end of the swap will be donated to the St Andrews Church Opportunity Shop.



Joan Kirner House, Spotswood Community House, and Altona North Community House 9397 6168 admin@wcec.com.au





Our recycling initiatives.



Joan Kirner House Williamstown, Spotswood Community House and Altona North Comr 03 9397 6168 admin@wcec.com.au



Hobsons Bay City Council recycling initiatives.







Be Connected digital workshops and one-to-one sessions

Having a tough time with technology?

Need some help?

Scams, Updates, Emails, Managing passwords, Online banking, you name it!

Come and enquire, to stay connected.



To find out more, or to book a session, contact Lucila, our Project officer at projectofficer1@wcec.com.au

> Or call 03 9397 6168. Tuesday and Wednesday.

Be Connected is an Australian government initiative committed to building the confidence, digital skills and online safety of older Australians



FREE! At Joan Kirner House.



Joan Kirner House, Spotswood Community House and Altona North Community House 9397 6168 <u>admin@wcec.com.au</u> ABN: 67 864 341 860 Inc. Ass. Reg. No: A0014000T

Fill in a post card at **Joan Kirner House**.







\$100 Power Saving Bonus for Victorian concession card holders.



To apply applicants will need to hold an eligible concession card.

Call Tahlia on 03 9397 6168 to make an appointment at Joan Kirner House.

NEW!
At Spotswood Community House.



Nurturing joy through art and imagination

Saturdays 10-12 pm

Commencing 18th October 2025

Spotswood Community House 598 Melbourne Road, Spotswood

Ages 5-13

Cost: \$35 per session or \$120 for 4 sessions

(PayID or cash)

Call or text to book: julie@victoriashukra.com | 0423 121 888

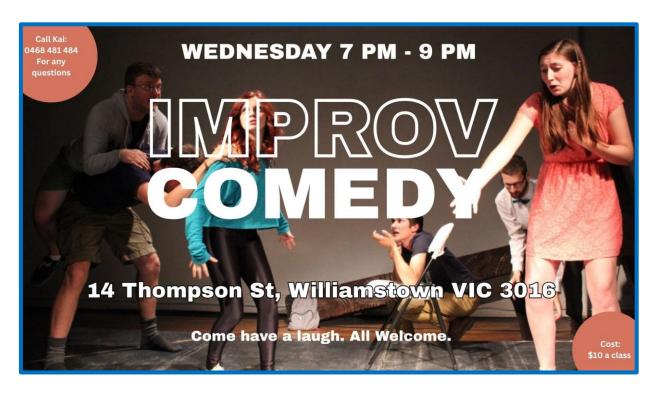
Bring Smock and Smile.

Parents are welcome to stay for a tea in the kitchen.



kids.juliestew.art

NEW! At Joan Kirner House.





Throughout November at **Joan Kirner House**.



Next Workshop only two spots left!



MyTime is for parents and carers of a child with a disability, chronic medical condition or other additional needs including developmental delay. Unwind and share experiences with others who understand

FREE!

FIND US AT:

Newport Gardens Early Years Centre 51 Maddox Rd

Friday Mornings, 10am - 12 noon

CONTACT:

Nicole Bryson: MyTime Facilitator Email: nicoleb@mytimevic.com.au

Phone: 0435 073 307



mytime.net.au

23 November.

Williamstown Primary School.

Seaside Fair.







FROM 4TH SEPTEMBER -**NOVEMBER 2025**

Workshop Highlights

- Spring-inspired arts & **
- · Indigenous cultural themes
- · Hands-on activities: painting, crafting, storytelling
- Refreshment & community celebration



FREE!



At Walker Close Community Centre, Altona North.

Location & Register:

Walker Close Community Center 180 Millers Road Altona North, Vic 3025 (03) 9318 0521

Week 9: 6th Nov 2025

"Kindness Tree-Wall Art": A collaborative painting and decorating wall art with positive messages displayed at the centre.

Week 10: 13th Nov 2025

Showcase & Celebration: Displaying artworks small gathering with music and light refreshment

6 and 13 November.



LEARN TO COOK EASY & HEALTHY MEALS



OzHarvest's NEST program teaches you new skills for better health in just six weeks.

- · Save money on your food budget
- · Store food safely
- · Understand food labels
- · Plan meals and reduce waste
- Cook easy and healthy recipes



NEST will be held at:

Outlets Co-op Neighbourhood House 43 Mason St, Newport 3015 ph: 03 9391 8504

e: outlets@outletsco-op.com.au

Date(s): Wednesdays:

29th October 19th November 5th November 26th November 12th November 3rd December

Time: 11am - 1.30pm

SIGN UP TO NEST FOR FREE

FREE!



Six-week program at Outlets **Newport Neighbourhood** House.

IPC Health Care Finder Service



IPC Health's Care Finder Service helps older people without close support find the right aged care services.

Our care finders will talk to you about your needs and support you throughout the process of accessing aged care services, including My Aged Care.

We can help you find services like:

- Personal care
- Meal preparation
- Shopping
- Gardening and home maintenance
- Transport
- · In home nursing or health care
- · Allied health
- · Community or social activities

Want to know more? Join us for a cup of tea at one of our pop-ups:

- Seabrook Community Centre Tuesday 17 June, 10am to 12pm 15 Truganina Avenue, Seabrook 3028
- Altona North Library Monday, 14 July, 10am to 12pm
 Cnr Millers and McArthurs Roads, Altona North 3025
- Newport Library Tuesday 19 August, 10am to 12pm 11-13 Mason Street, Newport 3015
- Altona Library Friday 19 September, 10am to 12pm
 122 Ougan Street, Altona 2019
- Williamstown Library Friday 19 September, 10am to 12pm 104 Ferguson Street, Williamstown 3016
- Altona Meadows Library Wednesday 12 November, 10am to 12pm 2 Newham Way, Altona Meadows 3028

You can also contact the IPC Health Care Finder Service on 1300 895 589 or at carefinders@ipchealth.com.au



12 November.

Pop-up session at Altona Meadows

Library.

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10am-1pm • Fortnighly

2025 DATES

11 + 25 JULY

8 + 22 AUGUST

5 + 19 SEPTEMBER

3 + 17 + 31 OCTOBER

14 + 28 NOVEMBER

12 + 19 DECEMBER

For people 18 - 64, living in Hobsons Bay who are not eligible for other support programs. Transport can be provided.

Every second
Friday
with Amanda
Art + craft
Wellbeing activities
Outings
Guest speakers

Light lunch included \$6.50 14 and 28 November.

Louis Joel Arts and Community Centre in Altona.







For more information

5 Sargood Street
Altona
Phone 9398 2511
admin@ljac.com.au



FREE!

Every Tuesday at Altona North Library.



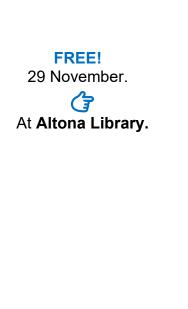














10 November. Coffee with a Cop.



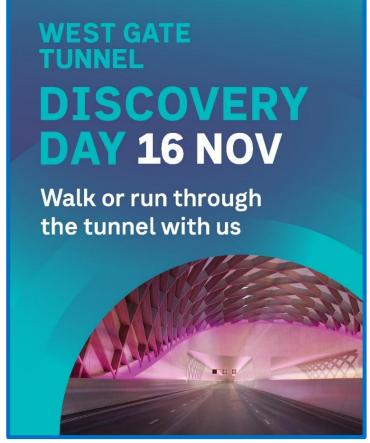
The Coffee Club. Altona Gate.

11 November.

Coffee with a Cop.







16 November. **Discovery Day.**



The West Gate Tunnel is inviting people to their Discovery Day to explore the new roads, tunnels and paths before the project opens.

At Yarraville Gardens featuring entertainment, food vendors and a kid's zone.

To register and find out more see **HERE**.

16 November.

Men's Shed Open Day.







Do you experience heavy bleeding or excessive pain related to menstruation?

Have you been to an emergency department in Victoria in the last 12 months because of these symptoms?

Were you over 18 at the time of your visit?

Then we want to hear from you!

This PhD project is looking at the healthcare interaction experience between people with menstrual symptoms and nurses in the emergency department.



Click on the QR code to read more about the project and take part in a short survey.

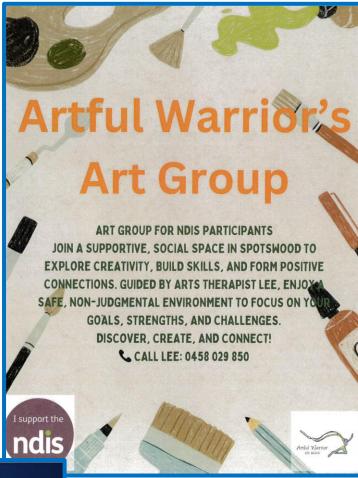
This study has been approved by the Federation University Human Research Ethics Committee; reference number 2025/122

> This research was supported by an Australian Government Research Training Program (RTP Fee-off-set Scholarship doi.org/10.82133/C42F-K226



Research participants wanted!















The Victoria Police Neighbourhood Policing Forum welcomes local services and community members to talk with police about what issues are important in your community.

The forum will explore topics including:

- · Current crime trends and crime prevention
- Family violence
- Young people
- Road policing
- Drugs and drug related crime.

The Neighbourhood Policing Forum will be run by a Victoria Police panel and questions will be taken from the audience throughout the event.

Registration is a must.

To attend, please register by sending your details to:

HOBSONSBAY-DISTRICTINSP-OIC@police.vic.gov.au or scan the QR code.

To submit a question prior to the forum:

HOBSONS BAY NHP questions or scan the QR code.



Event details

Date: 5th November 2025

Time: 6:30pm - 9:30pm

Williamstown Town hall

104 Ferguson Street WILLIAMSTOWN VIC 3016

Doors open 6:15pm

Location:

Got a question for police?

Scan the QR code to submit prior to the forum



A SAFE VICTORIA

5 November. Neighbourhood Policing Forum.



At Williamstown Town Hall.

What's been happening?

Several of our volunteers attended the **Volunteer Appreciation Event** hosted by Melissa Horne, State Member for Williamstown at the Spotswood Cricket Club venue on October 10.

Volunteers were officially recognised for their dedication and commitment to our community.

We even got a mention in the Victorian Parliament **HERE**.









On October 11 Jill Disint from our Committee attended the Hobsons Bay City Council **Make It Happen Grants Celebration**.

This was an opportunity for Council to recognise and celebrate the achievements of grant recipients.







Irene La Rosa, Manager of **Williamstown Commonwealth Bank** gave presentations to several of our classes on staying safe with online banking.





We were recently featured in the **Melbourne Airport's Economic and Social Impact Report**2025.





A link to the Report is **HERE**. See page 65.



Supporting multiculturalism and inclusion in Melbourne's west





Williamstown Community and Education Centre has established the Spotswood Rejuvenation project to help culturally and linguistically diverse (CALD) communities across Melbourne's west build social connections through a range of informal activities that prioritise inclusivity. In FY25, Melbourne Airport contributed \$10,000 to support the Spotswood Rejuvenation project.

The Spotswood Community House rejuvenation project

The project is designed to promote and grow the area's multiculturalism and diversity by engaging current and future learners at Spotswood Community House in a variety of accessible, informal activities. Spaces are created where people can engage with others to improve social isolation and support informal sharing of cultural practices and history.

Recreational activities facilitated under the program include gardening sessions and walking groups, as well as educational experiences such as cooking classes and arts and crafts workshops.

The program aims to be a hub for cross-cultural exchange across Melbourne's west, providing the community with a safe, inclusive space to not only build stronger connections with their community, but share their own culture. This not only benefits the individuals participating in the program through the development of greater social capital but helps the community establish and build stronger social cohesion and culturally inclusive ways of living.

Social value supported by the Airport's contributions

The \$10,000 contribution by the Airport to the Spotswood Rejuvenation program is estimated to have helped create more than \$33,000 in social value through the promotion of connection and inclusivity in Melbourne's CALD communities.

"This generous contribution by Melbourne Airport has built the capability and capacity of our Community House. Isolated and disengaged locals are able to meet together, build skills, develop new relationships and engage with their community."

- Dr Mark Brophy,

CEO Williamstown Community and Education Centre

Fedra and her English class from **Altona North Community House** enjoying an outing.





In partnership with Newmark
Primary School Williamstown,
Joan Kirner House are hosting the
Year Six Volunteer Program for
nine weeks from October 16 every
Thursday morning.



Children will be assisting with many tasks, under the astute supervision of our Tahlia.

Our Tahlia is on the Hobsons Bay Local Safety Committee in partnership with Victoria Police.



Hobsons Bay News. Edition 45. Page 9.

Newsletter link is HERE



WORKING TOGETHER TO HELP CREATE A SAFE AND CONNECTED COMMUNITY

We're working in partnership with Victoria Police on the Hobsons Bay Local Safety Committee.

Co-chaired by Local Area Commander Inspector Damien Madden and Hobsons Bay Mayor Daria Kellander, the Local Safety Committee brings together local voices, with a committee made up of community and business representatives as well as state government and regional services. The Local Safety Committee is a platform to identify community safety priorities, and to be able to consider emerging issues and trends, with a focus on prevention.

Committee members include representatives from Victoria Police, Council, Latitude Directions for Young People, Laverton Community Integrated Services, Hobsons Bay trader associations, IPC Health, CoHealth, Department of Families, Fairness and Housing, among others.



Our President, Sonja Ilievska announcing and presenting the award at the Hobsons Bay

Business Excellence Awards
Gala on Thursday 23 October.

Several Committee and staff members attended.

Congratulations to our sponsorship support category winner, Amarapave.



On Tuesday October 21 at both Altona North Community House and Spotswood Community House classes had a free **StrokeSafe Talk** provided by **The Stroke Foundation**.

The Stroke Foundation is a national not-for-profit organisation that works with stroke survivors, carers, health professionals, government and the public to reduce the impact of stroke on the Australian community.

The **StrokeSafe Education Program** is a grassroots, prevention-focused program delivering lifesaving messages about stroke to community groups and workplaces across Australia.

Our teacher Fedra, at Altona North wrote -



Hi Mark and Lynne,

As you know, we had Bob Carey-Grieve from the Stroke Foundation as a guest speaker this morning.

He delivered such an informative and engaging session.

We all really appreciated the insights he shared and found his talk both inspiring and practical.

Fedra.

Students have recently set up new garden beds in the rear of Joan Kirner House.



Thanks to a generous **Hobsons Bay City Council - Toyota** equipment grant, and some gift vouchers from **Bunnings** in Altona North.

All the way from purchase to construction, the students did a great job.







I think that's a wrap on what's coming up and what's been happening.

I welcome any comments, suggestion, questions, feedback, input, stories, photos, critiques, etc. that you have for our Newsletter content.

We now have nearly 2,000 emails on our Newsletter circulation list.

Thanks.

Mark.

Dr Mark Brophy PhD Manager / CEO. Williamstown Community and Education Centre Inc. manager@wcec.com.au 03 9397 6168.



