









Newsletter

October 2025

Joan Kirner House, Williamstown
Spotswood Community House
Altona North Community House

What's Coming Up?

- Monday October 6. **Term four starts.**
- NEW! MindfulNest Therapeutic Services.** Help for babies, toddlers, children and families. Spotswood Community House. Details below. 
- Food Relief** at Joan Kirner House in Williamstown. **Mondays and Fridays 10.00 am to 1.00 pm** (Ask for Tahlia), and at Altona North Community House on **Thursdays 9.00 am to 12.30 pm** (Ask for Lara).
- \$100 Power Saving Bonus** for concession card holders. Details below. 
- Fridays in October. **Spring into Painting for Adults.** Westside Arts Studio. Joan Kirner House. Details below. 
- Tuesdays, Wednesdays, and Thursdays. **FREE Skills for Education and Employment.** Joan Kirner House. Details below. 
- Wednesday, October 8, 15, 22 and 29. **FREE! Willy Walking Group.** Sponsored by the Hobsons Bay Community Fund. From 10.15 am to 11.00 am, starting at Joan Kirner House. 
- Wednesday, October 8, 15, 22 and 29. **FREE! Community Morning Tea.** Joan Kirner House at 11.00 am. All welcome!
- Throughout October. **Liza Rose Creative Workshops.** Flower arrangements, candle making and soap making. Details below. 

Proud sponsor for the 'Creating social change and diversity category' for the **2025 Hobsons Bay Business Excellence Awards.**





MindfulNest
Therapeutic Services

Spotswood Community House
598 MELBOURNE ROAD, SPOTSWOOD

Accepting new referrals

A specialised mental health and wellbeing service seeing children and families from 0-12 years. We also work with a therapy dog- consent is required.

www.mindfulnesttherapy.com.au



NEW!



At Spotswood Community House.
More details [HERE](#).



MindfulNest
Therapeutic Services




Williamstown Community and Education Centre Inc.



Westside Arts Studio
GET CREATIVE!
westsidearts.com.au
Williamstown

SPRING INTO PAINTING!

Fridays in October:

5:30pm-7:00pm.

Joan Kirner House
14 Thompson Street, Williamstown.

Register: www.westsidearts.com.au
www.facebook.com/WestsideArtsStudio

FLOWER STILL-LIFE ART CLASSES.



Fridays in October.



Art classes for adults at Joan Kirner House.

OCTOBER WORKSHOPS

Calling on DIY enthusiasts!



Whether you're a DIY enthusiast or simply seeking a unique and therapeutic activity, our workshops are perfect for unleashing your artistic side. Dive into the mesmerising process of creating your very own flower bouquet, hand-crafted scented candles or even hand-made soaps using goats milk.

BOOK TODAY

Call Liza on 0416 268 959 or Book Online
www.lizarosefloristry.com

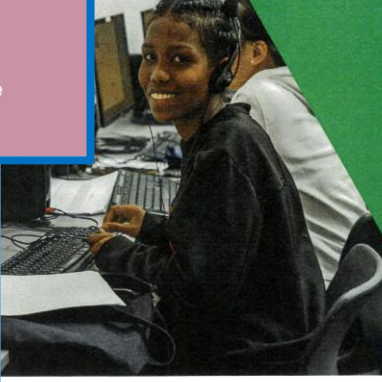
Throughout October




At Joan Kirner House.

FREE!
At Joan Kirner House.






SEE assists you to gain employment by strengthening your language, literacy, numeracy and digital skills





skills for education and employment
An Australian Government Initiative



learning for employment

SEE is available in Laverton and Williamstown

Contact info@lcec.vic.edu.au or 9369 2726 for more information about SEE

Laverton Community Integrated Services Inc.

The Skills for Education and Employment (SEE) program is funded by the Australian Government Department of Employment and Workplace Relations. SEE is delivered in Laverton and Williamstown by Laverton Community Integrated Services on behalf of Learning for Employment.

\$100 POWER SAVING BONUS

FOR ELIGIBLE CONCESSION CARD HOLDERS

VISIT YOUR LOCAL
PARTICIPATING
NEIGHBOURHOOD
HOUSE FOR
ASSISTANCE



FIND OUT MORE:

NHVIC.ORG.AU/PSB



Neighbourhood
Houses Victoria™



\$100 Power Saving Bonus for Victorian concession card holders is now open.



To apply for the \$100 payment, applicants will need to hold an eligible concession card, have a recent electricity bill and be the account holder.

Only one payment is available per household.

Call Tahlia on 03 9397 6168 to make an appointment at Joan Kirner House to process your payment.

FREE!

Only three spots left.

 **Beyond
Labels**

FREE
Monthly Social Group
For Young Males
AGED 10-17



**A Safe Space For Young
Autistic Males To Connect,
Have Fun & Make Friends.**



Laverton Community Education Centre,
No: 12 Crown Street. Laverton VIC 3028

We're excited to launch a free social group for young autistic males starting this August! Enjoy fun activities like Minecraft and LEGO, with dinner included, all in a supportive space to build friendships. The program happens once a month on a Thursday, and is open to anyone who identifies as autistic.

• Only 15 spots are available, so register early!

Remember the Day & Time

Thursday, 5:00PM - 8:00PM



Funded by the Hobson's Bay City Council's Make it Happen Grants

Book Your Spot Now

1300 091 016



23 November.
Williamstown Primary School.
Seaside Fair.




WILLIAMSTOWN
SEASIDE FAIR
Sunday, November 23, 2025

CALLING ALL GREEN THUMBS

The Plant Stall at the Willy Primary Seaside Fair is a firm favourite with visitors to the Fair, and an integral element of the fundraising. All items for sale on the plant stall are grown and donated by the community.

Ways you can get involved:

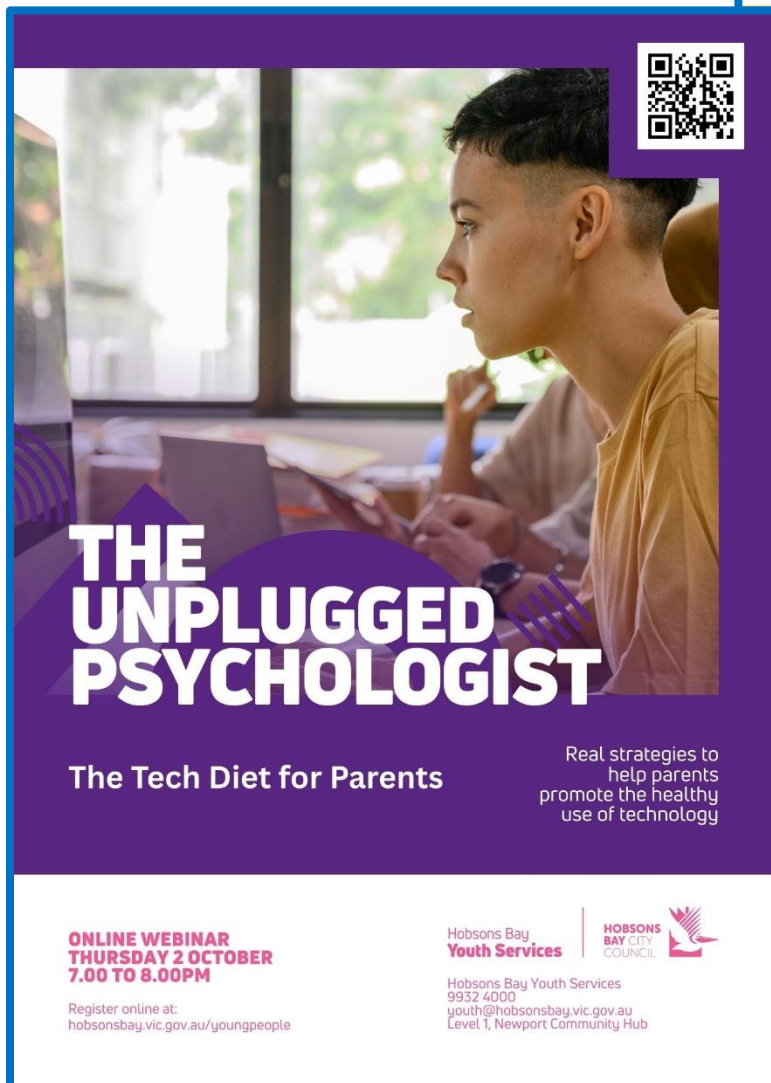
- Growing and donating plants and seedlings between now and November
- Donating spare pots
- Are you landscaping your garden and digging out plants or trees? Let us know! We can store and nurture them!
- Be a Spotter! Look out for plants and pots being given away on the nature strip, or via local social media pages. Again, we can store these until the Fair if you don't have space or time to look after them.
- Plants / Trees / Seedlings / Shrubs / Pots

Please drop off home grown plants to Willy Primary School on Saturday 22nd November 2025, or by prior arrangement.

KEEP UP TO DATE OR GET INVOLVED IN THE FUN TODAY!
 /willyprimaryseasidefair
 seasidefair@williamstownps.vic.edu.au
 www.seasidefair.williamstownps.vic.edu.au

THANK YOU TO OUR PLATINUM SPONSOR
Jellis Craig



THE UNPLUGGED PSYCHOLOGIST

The Tech Diet for Parents


Real strategies to help parents promote the healthy use of technology

ONLINE WEBINAR
THURSDAY 2 OCTOBER
7.00 TO 8.00PM

Register online at:
 hobsonsbay.vic.gov.au/youngpeople

Hobsons Bay Youth Services
 9932 4000
 youth@hobsonsbay.vic.gov.au
 Level 1, Newport Community Hub

HOBSONS BAY CITY COUNCIL



FREE!





Walker Close
Community Centre

SPRING THEME
ART & CRAFT

Community in Bloom

FREE WORKSHOPS

A 10-week creative
journey celebrating
spring, wellbeing and
Indigenous culture.



1:00 - 3:00 PM - THURSDAYS

FROM 4TH SEPTEMBER -
NOVEMBER 2025

Workshop Highlights

- Spring-inspired arts & crafts
- Indigenous cultural themes
- Hands-on activities: painting, crafting, storytelling
- Refreshment & community celebration



Location & Register:

Walker Close Community Center
180 Millers Road
Altona North, Vic 3025
☎ (03) 9318 0521



- Boost wellbeing and creativity
- Connect with others in your community
- Learn about Indigenous culture and native plants
- Free participation – all materials provided





Workshops
throughout
October and
November.

At **Walker
Close
Community
Centre.**
Altona North.





Week 6: 16th Oct 2025
Handmade Scented Sachets - Little gifts to your neighbours/loved ones.

Week 7: 23rd Oct 2025
Butterfly & Bee Crafts Magnets.

Week 8: 30th Oct 2025
Garden Rock Decoration: paint small rocks with flowers / rainbows / bees / butterflies.

Week 9: 6th Nov 2025
"Kindness Tree–Wall Art": A collaborative painting and decorating wall art with positive messages displayed at the centre.

Week 10: 13th Nov 2025
Showcase & Celebration: Displaying artworks small gathering with music and light refreshment



1 to 31 October
Victorian Seniors Festival



The **online event calendar** and print guide is now available, showcasing thousands of festival events across the state.

Collect a hard copy of the festival guide from any of our venues.

Explore the online calendar [HERE](#).

2 October.
 Yarn Time at **Walker Close Community Centre**.





Walker Close
Community Centre

Yarn Time

Celebrating Aboriginal Culture and Heritage



- Grounding Acknowledgement to Country
- Boonwurrung Ngargee Dances
- Movement workshop
- Yarning circle - Connection to Country
- Refreshment

Thursday - 2nd Oct 2025

12:00 PM - 2:00 PM

WALKER CLOSE COMMUNITY CENTER
 180 MILLERS ROAD, ALTONA NORTH, VIC 3025

Everyone is welcome !

REGISTER @ (03) 9318 0521 OR
OFFICE@WALKERBROOKLYN.COM.AU



Hobsons Bay

YOUR INVITED TO OUR

COMMUNITY LUNCH

WEDNESDAYS - 12:30PM
@ HOBSONS BAY SALVOS

JOIN US FOR A HOT MEAL,
GOOD COMPANY, GOOD
CONVERSATION, BRING A
FRIEND AND A SMILE

COST:
FREE

Address: 108 Queen Street, Altona

Contact us: (03) 9398 1750



FREE!

Wednesday lunches.



108 Queen Street, Altona.



FREE!

Haircuts.



108 Queen Street, Altona.



Need a Hair Cut?



Free Hair Cuts

The skilled team at HairAid offer their services every
6-8weeks.

Email: hobsonsbay@salvationarmy.org.au
for more details and future dates



ADDRESS: 108 QUEEN STREET, ALTONA Hobsons Bay





Working Women's
Centre Vic.

wwcvic.org.au

Free legal help

for women and gender diverse people
working in Victoria who have a
workplace issue

We help with:

- Workplace entitlements
- Parental leave
- Wage theft
- Discrimination
- Unfair dismissal
- Sham contracting
- Sexual harassment
- Workplace bullying
- Performance management
- Accessing family violence leave



Call 1800 WWC VIC

(1800 992 842)

Mon-Fri 9am-3pm

FREE!

Legal assistance.



FREE!

11 October

At **Newport Community Hub.**

Lunch included.



COMMUNITY FORUM

Saturday 11 Oct 2025

10:30am - 1:00pm

Newport Community Hub
13 Mason St Newport

Or online via Zoom

IT'S FREE

A LIGHT LUNCH INCLUDED

To Register:

CLICK HERE



parkando.west@gmail.com



Do you or a loved one have Parkinson's?

Discover the latest research and
treatments at our upcoming
event!

SPEAKERS INCLUDE:

Prof. David Finkelstein
Florey Institute, Melbourne
Latest Parkinson's Research

Dr. Melissa Tang
Neurologist – Deep Brain
Stimulation

Emma Collin, CEO
Fight Parkinson's

Coral Wilkinson
Navigating My Aged Care

A Carer's Perspective
Our journey so far...

Interactive Q & A with speakers

Supported by



Made possible by:
Hobsons Bay City Council through it's Make It Happen Grants.

12 November.
Pop-up session at **Altona Meadows Library.**



IPC Health Care Finder Service

ipc Health



IPC Health's Care Finder Service helps older people without close support find the right aged care services.

Our care finders will talk to you about your needs and support you throughout the process of accessing aged care services, including My Aged Care.

We can help you find services like:

- Personal care
- Meal preparation
- Shopping
- Gardening and home maintenance
- Transport
- In home nursing or health care
- Allied health
- Community or social activities

Want to know more? Join us for a cup of tea at one of our pop-ups:

- **Seabrook Community Centre** - Tuesday 17 June, 10am to 12pm
15 Truganina Avenue, Seabrook 3028
- **Altona North Library** - Monday, 14 July, 10am to 12pm
Cnr Millers and McArthurs Roads, Altona North 3025
- **Newport Library** - Tuesday 19 August, 10am to 12pm
11-13 Mason Street, Newport 3015
- **Altona Library** - Friday 19 September, 10am to 12pm
123 Queen Street, Altona 3018
- **Williamstown Library** - Friday 19 September, 10am to 12pm
104 Ferguson Street, Williamstown 3016
- **Altona Meadows Library** - Wednesday 12 November, 10am to 12pm
2 Newham Way, Altona Meadows 3028

You can also contact the IPC Health Care Finder Service on 1300 895 589 or at carefinders@ipchealth.com.au



Social Activity Group

**FRIDAYS
BY THE BAY**

10am-1pm • Fortnightly

2025 DATES

11 + 25 JULY

8 + 22 AUGUST

5 + 19 SEPTEMBER

3 + 17 + 31 OCTOBER

14 + 28 NOVEMBER

12 + 19 DECEMBER

For people 18 - 64,
living in Hobsons Bay
who are not
eligible for other
support programs.
Transport can
be provided.

Every second
Friday
with Amanda
Art + craft
Wellbeing activities
Outings
Guest speakers

Light lunch
included
\$6.50



**LOUIS JOEL
ARTS & COMMUNITY**

HOBSONSBAY CITY COUNCIL



For more information
5 Sargood Street
Altona
Phone 9398 2511
admin@ljac.com.au

3, 17 and 31 October
**Louis Joel Arts and Community
Centre** in Altona.



FREE!
12 October
At **Cherry Lake Park** in Altona.



And supporting one of our long-term sponsors.

Community Bank Festival

Sunday 12 October 2025: 11am-3pm
Cherry Lake Park - Millers Road - Altona



Free Family Fun

- Fun Bus
- Games
- Face painting
- Craft
- Wizard
- Music
- Sausage Sizzle



**Plus Food Trucks
and more - see details:**

/communitybankAltonaLaverton
 /communitybank_altlav
 bdm@hobsonsabaycfs.com.au
 0430 430 824

Community Bank - Altona & Laverton

Bendigo Bank

P01922 - 6/10/2025

Hobsons Bay

Children's Week

**18-26
October**



**Free
Events**
FOR CHILDREN
UP TO 12YRS

**Magical shadow,
puppet performance,
mini-petting zoo,
VR, art exploration,
science play and more!**

Everyone should know about children's rights

Council acknowledges the Bunurong Peoples of the Kulin Nation as the traditional owners of these municipal lands, rivers and coastal areas. We recognise the First Peoples' relationship to this land and offer our respect to their Elders past and present.

This Children's Week event is presented by Hobsons Bay City Council in partnership with the Victorian Government.

hobsonsbay.vic.gov.au/childrensweek



Scan the QR code
for more details

HOBSONS BAY
LANGUAGE LINE

9932 1212
INTERPRETING SERVICES FOR ALL LANGUAGES
Your voice is your language

VICTORIA
State Government

HOBSONS
BAY CITY COUNCIL

FREE!
18 to 26 October
Children's Week.



5 November
Williamstown Town Hall.



Victoria Police

Hobsons Bay PSA Neighbourhood Policing Forum



VICTORIA POLICE

يرحب تجمع شرطة الجوار التابع لشرطة فيكتوريا بالخدمات المحلية وأفراد المجتمع للتحدث مع الشرطة حول القضايا المهمة في مجتمعك.

سيتناول المنتدى مواضيع تشمل:

اتجاهات الجريمة الحالية والوقاية من الجريمة
موضوع العنف الأسري
موضوع الشباب
موضوع شرطة الطرق
موضوع المخدرات والجرائم المتعلقة بالمخدرات

سيتم إدارة تجمع شرطة الجوار بواسطة لجنة من شرطة فيكتوريا وسيتم طرح الأسئلة من الجمهور طوال الوقت المحدد للمناسبة.

التسجيل ضروري.

للحضور، يرجى التسجيل عن طريق إرسال تفاصيلك إلى:
أو مسح رمز

HOBSONSBAY-DISTRICTINSP-OIC@police.vic.gov.au

الاستجابة السريعة.

لشرح سؤال قبل انطلاق التجمع

[HOBSONSBAY NHP questions](#)

تفاصيل المناسبة

Date: 5th November 2025

Time: 6:30pm – 9:30pm
Doors open 6:15pm

Location:
Williamstown Town hall
104 Ferguson Street
WILLIAMSTOWN VIC 3016



Scan here to
register your
attendance



Got a question
for police?

Scan the QR code to submit
prior to the forum



A SAFE VICTORIA

New Arrivals Road Safety Program South Kingsville Community Centre

Now Enrolling!!!

South Kingsville Community Centre is now enrolling for Road Safety program.

This program is supported by VicRoads Community Road Safety Grant.

The participants will get 2 practical driving sessions! Also will learn theories in 5 theory classes(Once a week class): how to drive safely, traffic signs & road rules and how to share the road as driver, pedestrian, cyclist or public transport user.

Who can join:

- Aged over 21 years of age
- Learner permit (L) holders
- Newly arrived people living in Australia for 5 years or less (considerable in some cases)



Course Details:

Date: 14/10/2025 - 18 /11/2025

Time: 5pm - 7pm

5 Weeks class

2 Driving sessions

Cost: Free

Class venue: SKCC; 43 Paxton St South Kingsville VIC 3015

Contact: (03) 9399 3000

E: programs@skcc.net.au

Web: www.skcc.net.au

43 Paxton St, South Kingsville



FREE!
Starting 14 October
At South Kingsville Community
Centre.



Still looking for other community events and activities?



OPEN DAY AT ALTONA NORTH COMMUNITY HOUSE

Altona North Community House hosts an open day each Thursday from 10am to 12pm during school term dates. 7 Plover Drive, Altona North.

- Referral Services
- Pantry Swap
- Free Coffee and Tea
- Computer Classes
- Food Relief
- Bridging the Digital Divide ('One to One' IT assistance, by appointment only).
- Book Swap
- Boomerang Bags
- Venue Hire Inspections (at community rates).

SPONSORED BY:



Hobsons Bay Wetlands Centre Open Day.



Details [HERE](#).



Louis Joel Arts and Community Centre. Spring Program.



Details [HERE](#).



LOUIS JOEL ARTS & COMMUNITY

Yarraville Community Centre. Term Four Spring Program



Details [HERE](#)



What's been happening?

Neighbourhood Houses Victoria, 2024 Participant Survey summaries.

Spotswood Community House and Altona North Community House.



72% over 50 years
old.

57% English is not
the prime language
spoken at home.

73% female.



Neighbourhood Houses
The Heart of Our Community™

Outcomes of Spotswood Community House

In November 2024 people attending Neighbourhood Houses across Victoria were invited to complete a survey. This is what people at Spotswood Community House told us.

55

people responded to the survey

50%

made a friend

Improve my job skills	15%
Improve my health	8%
Improve my personal wellbeing/confidence	49%
Spend time with other people	41%
Meet new people/Make friends	49%
Help my community	18%
Develop a new interest or activity	28%
Improve my independence	18%
Get practical support (e.g., food, clothing)	5%
Use a service	13%
Feel safer or more secure	5%

Respondents identified an average
of **2.6** benefits from attending the
Neighbourhood House.

76% became more involved in the
community as a result of attending the
Neighbourhood House.

Participating in an activity at a NHs had positive effects for most
respondents:

- **98%** improved physical wellbeing
- **88%** improved emotional wellbeing
- **89%** improved social connections
- **92%** improved overall wellbeing outside the Neighbourhood House
- **92%** stronger support networks
- **100%** stronger sense of belonging to the community

Respondents went on to do other things as result of participating in their Neighbourhood House:

Volunteering	13%
Started TAFE/university/other further education	3%
Learned a new skill	50%
Got a job	3%
New career pathway	0%
Made a friend	50%
Other	5%

Outcomes of Williamstown Community and Education Centre

In November 2024 people attending Neighbourhood Houses across Victoria were invited to complete a survey. This is what people at Williamstown Community and Education Centre told us.

97

people responded to the survey

49%

made a friend

Improve my job skills	20%
Improve my health	24%
Improve my personal wellbeing/confidence	51%
Spend time with other people	55%
Meet new people/Make friends	47%
Help my community	25%
Develop a new interest or activity	39%
Improve my independence	28%
Get practical support (e.g., food, clothing)	5%
Use a service	20%
Feel safer or more secure	12%

Respondents identified an average of **3.3** benefits from attending the Neighbourhood House.

59% became more involved in the community as a result of attending the Neighbourhood House.

Participating in an activity at a NHs had positive effects for most respondents:

- **98%** improved physical wellbeing
- **98%** improved emotional wellbeing
- **93%** improved social connections
- **91%** improved overall wellbeing outside the Neighbourhood House
- **59%** stronger support networks
- **91%** stronger sense of belonging to the community

Respondents went on to do other things as result of participating in their Neighbourhood House:

Volunteering	25%
Started TAFE/university/other further education	0%
Learned a new skill	47%
Got a job	8%
New career pathway	3%
Made a friend	49%
Other	8%

Joan Kirner House.



89% over 50 years old.

42% English is not the prime language spoken at home.

66% female.



Thanks to the **Healthcare Foundation** for their generous donation of socks. 👍

So far, we have handed them out to our elderly exercise group and a disability services group.

Great job Tahlia did on designing and creating the innovative packaging!!

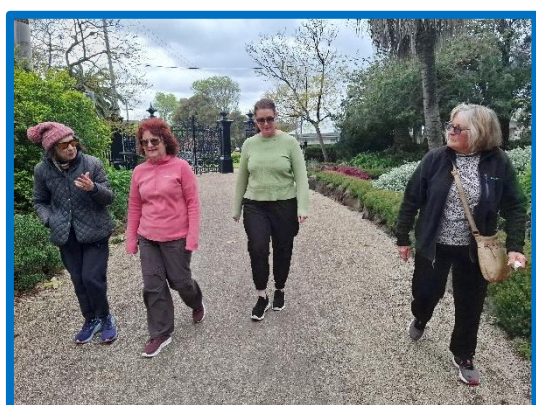


Lucienne, our Vice President, attended the **Community Partners Grants Night** at the Laverton Bowls Club.

This event was an opportunity to connect with fellow community groups, hear impact updates, and learn more about our locally owned Community Bank model supporting Altona, Laverton and surrounds since 2000.



Spring is a great time to join our Wednesday morning **Willy Walking Group**.



Manager's Musings

Free to good home!

- Bookcase.
- Desk with drawers unit.

Call me if interested –
03 9397 6168.



Latest details on the Business Excellence Awards Gala on Thursday 23
October are [HERE](#).



Students currently attending classes at our centres are welcome to join any of our other introduction to computer classes at no cost.

Our classes focus on helping learners to build essential skills using computers and smartphones and are suitable for complete beginners.

Additionally, if you want to explore specific tasks on your computer, laptop, mobile or tablet, you can book a one-to-one session with our Lucila. Call 03 9397 6168 for more information.

Thanks.

Mark.

Dr Mark Brophy PhD
Manager / CEO.
Williamstown Community and Education Centre Inc.
manager@wcec.com.au
03 9397 6168.