



Williamstown  
Community  
and Education  
Centre Inc

# Newsletter May 2020

**Joan Kirner House and Spotswood Community House**  
**For Members, Committee, Staff, Volunteers, Students, Parents,**  
**Stakeholders, Centre users, Partners, Sponsors and Our Community**

2019 HOBSONS BAY  
**BUSINESS EXCELLENCE AWARDS**  
WINNER



*Joan Kirner House and Spotswood Community House are currently closed.*

*However, from Joan Kirner House we are still delivering training in a 'mixed mode', and administration and teaching staff are still working both from home and from the venue.*

## Coming Up...

- **NOTICE TO MEMBERS** - The Williamstown Community and Education Centre Incorporated **Annual General Meeting** (AGM) will be on Tuesday May 12 online through Zoom at 4.00 pm. If you wish to attend -
  - RSVP via reply email please.
  - The **Agenda for the 2020 AGM** and the **Minutes of the 2019 AGM** will be emailed to you.
  - The **2019 Annual Report** is available on our website [HERE](#).
  - Download Zoom.
  - You will be emailed an invitation to join the Zoom meeting.
- **Neighbourhood House Week.** May 8 to 15. Ways to celebrate online [HERE](#).
- **National Volunteers Week.** May 18 to 20. A big shout out to all those volunteers who are vital in so many ways.

## In the News.

- 'Considering volunteering for a local committee, but worried you lack the skills?' By Peter Dewar. In **The Westsider**. Page 13. Issue 51 April 2020.
- 'ACE news from around Australia'. In the **Adult Learning Australia, Quest Magazine**. Page 11. Issue 1. March 2020.

## Hobsons Bay Learners' Activity Book Launch

We are very excited to announce the launch of this Activity Book sponsored by the Adult Community and Further Education Board Capacity and Innovation Fund

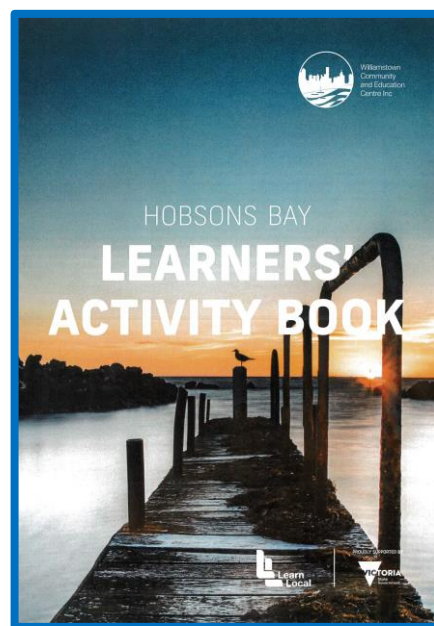
The student Activity Book focuses on Hobsons Bay, for teachers delivering pre-accredited English Language courses and the Accredited English as an Additional Language (EAL) Framework Course.

Activities are aligned with units in the EAL Framework Course.

The Activity Book is an information resource on local services, programs along with useful community information.

The Activity Book is published **FREE** on our website for others to download and start using NOW! See under 'About Us' [HERE](#).

A packaged InDesign version that can be edited can also be provided, so if there are changes to content, to be altered for another Council application, then this can be done by individual Learn Local organisations.



Email me to receive a link to the InDesign files.

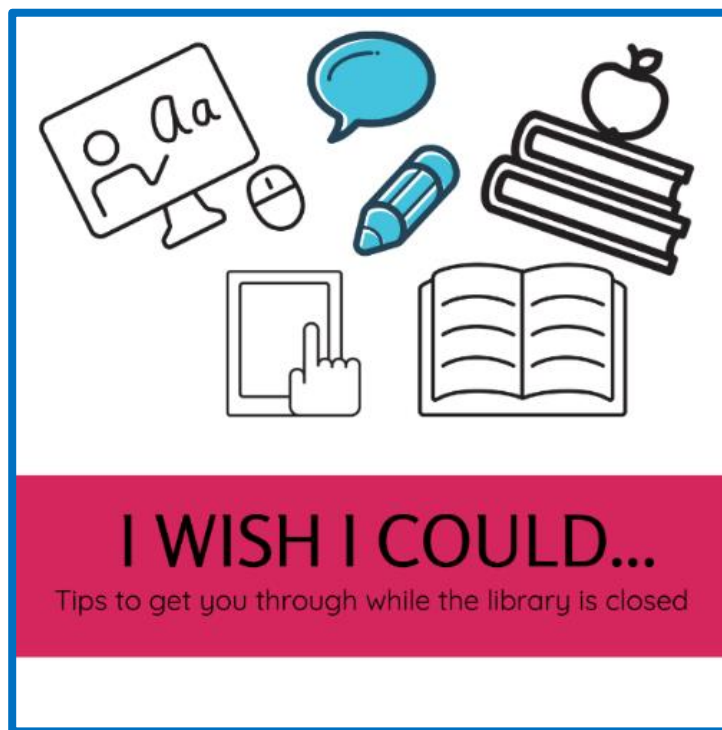
Adult, Community and Further Education

## Great ideas from Hobsons Bay Libraries

The Hobsons Bay Libraries has the 'I Wish I Could' initiative. Wonderful ideas, while the libraries are closed

*I Wish I could –*

- *Get a book to read.*
- *Take my child to story time*
- *Read the paper*
- *Get help with my homework*
- *Browse some magazines*
- *Continue my research*
- *Help my child practice reading*
- *Learn something new*
- *Read more*
- *Borrow a DVD*



Follow the link [HERE](#)

## Childcare Courses at Laverton

**CHC30113 - Certificate III in Early Childhood Education and Care**

Take the first step towards working in a growing industry! Successfully completing this course qualifies you to work in Children's Services including After School Care, Childcare Centres and Family Day Care!

Our experienced trainers provide you with the skills, knowledge and practical experience, through simulations, and practical placement, giving you the confidence you need to succeed in the Children's services sector!

This course is two days a week and considered a full-time study load for Centrelink purposes

**We are taking enrolments for our May class!**

This class will begin online and revert back to classroom based learning.

**Contact Us Today!**

P: (03) 9369 2726  
W: [www.lcis.org.au/courses](http://www.lcis.org.au/courses)  
E: [education@lcis.org.au](mailto:education@lcis.org.au)

**Laverton Community Education Centre** RTD6400

Northern Metropolitan Training



# Grow



mental wellness programs

**DON'T LET THE PANDEMIC  
LEAVE YOU ISOLATED,  
STRESSED OR ANXIOUS**

To help people through social isolation, lost employment and other impacts of the COVID-19 virus Grow has opened additional online eGrow support groups.

Grow offers a unique experience by offering peer support meetings via video conferencing at different times across Australia.

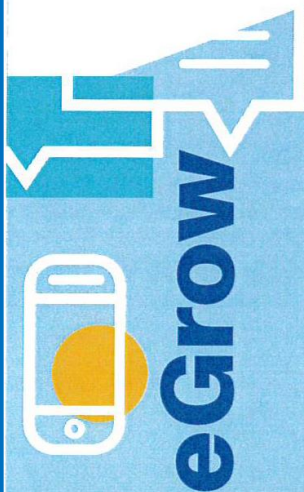
**PEER SUPPORT  
ONLINE GROUPS**

**GROUPS FOR  
YOUNG ADULTS  
(18 - 35YRS)**

**GROWING RESILIENCE  
PROGRAM**

Grow Australia is introducing '**Growing Resilience**' - a 2 week program specifically designed to provide immediate assistance to those struggling with their mental health in this crisis.

Consisting of 4 modules (**Uncertainty, Feeling Overwhelmed, Loss and Relationships**) which is delivered for 2 hours twice a week. The benefit of the program being peer-based is that people can still get social interaction and experience community while they are physically isolated.



**FOR MORE INFORMATION OR TO REGISTER VISIT**

**WWW.GROW.ORG.AU**

**FREE CALL: 1800 558 268**





# Our Services Update

April 2020

Your health and wellbeing is important to us, which is why we have temporarily changed things. Most appointments will now occur over the phone or video call using Telehealth services. This supports us to keep you healthy and well, while also reducing the transmission of Coronavirus.

Some appointments may need to be provided face to face. Your service provider will work with you to understand if a face-to-face appointment is necessary; otherwise you will be offered a telehealth appointment.

## Our current service offering:

### Counselling

- General
- Family
- Alcohol & Other Drug
- Gambler's Help
- Dual Diagnosis Counselling

### General Health & Wellbeing

- Doctor
- Nurse
- Dental (emergency only)
- Refugee Health
- Social Prescribing
- Women's Health
- Sexual Reproductive Health

### Allied Health

- Dietetics
- Occupational Therapy
- Physiotherapy
- Podiatry
- Speech Pathology
- Exercise Physiology

### Child, Youth and Family

- Paediatrician
- Child Occupational Therapy
- Developmental Psychology
- Child Speech Therapy
- Family Services
- Healthy Mothers Healthy Babies
- Cradle to Kinder
- Youth Health Nurse

### Aged Care Services

- Home Care Packages
- Social Work

### Chronic Conditions

- Cardiac Rehab
- Diabetes Education
- Living Well
- Well @ Home
- Needle & Syringe Program

General Dental, Audiology and Optometry services are unavailable at this time.

**All services will be conducted via Telehealth, unless your appointment is physically necessary.**

**To find out more call your nearest campus or visit [www.ipchealth.com.au](http://www.ipchealth.com.au) or call us.**

Deer Park: 9219 7142 St Albans: 9296 1200  
Altona Meadows: 8368 3000 Hoppers Crossing: 8734 1400  
Wyndham Vale: 9216 7777



ipC Health



CREATED BY GIRLS, FOR GIRLS

# GUIDING, IN YOUR POCKET!

## Become a Girl Guide for free!

Girls aged 5-17 can join Girl Guides Victoria with zero fees until April 2021.

Start your Girl Guide program at home, and join a local Unit when in-person activities resume.

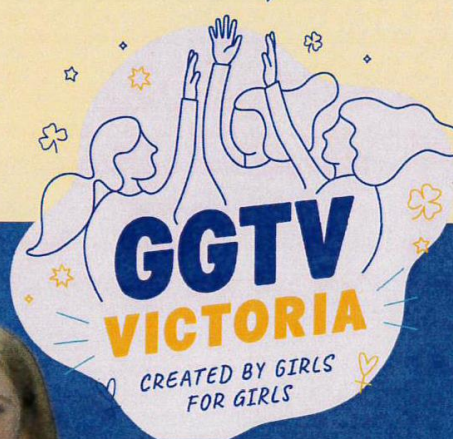
You can join **Guiding in Your Pocket** online, watch **GGTV** and participate in virtual Unit meetings.

No internet? No worries. Join **Guides@Home** and receive your Girl Guides activities in the post.

Join today: [guidesvic.org.au/be-a-guide/](https://guidesvic.org.au/be-a-guide/)

Contact us on [guides@guidesvic.org.au](mailto:guides@guidesvic.org.au)

or call 03 8606 3500 for more information





## CRISIS INTERVENTION SERVICE

A free and confidential  
service to residents of  
Hobsons Bay - providing  
counseling, referrals and  
support



**For more information, or to refer  
yourself or a client, register via our  
website [www.lcis.org.au](http://www.lcis.org.au)  
or call us on 0476 170 589  
Service is open Monday - Friday 10 - 2**



**we empower people**

IN PARTNERSHIP WITH



### **Managers musings**

It's been an extremely busy and daunting month – in lots of different ways.

Lynne and the teachers have been innovative and working hard to experiment and adapt to a new 'mixed mode delivery'.

Working from home and being online using Zoom, WhatsApp and even just messaging, email and phone calls, we've tried to keep in touch with all learners.

As well we set up a system of 'Study Packs' where teachers drop in during the week and prepare hard copy work for students.

They are then put in trays for each class.

On Fridays we open for a few hours for students to drop off their work, sign off and collect a new Study Pack. This is working well.



Unfortunately, we needed to suspend childcare for term two and will not re open until advised. We had too many issues building up to term two, including low numbers, our Centre not being eligible for free childcare, strict quarantining that we weren't set up for, and basically a high risk for all.

All rentals, venue hire, and other programs have also been suspended.

Other adjustments and negotiations with stakeholders include -



**Be Connected**  
Every Australian online.



- Our *Health My Way* initiative, a Good Things Foundation program, supported by the Australian Digital Health Agency, has been extended into 2021.
- The *Active Neighbourhoods for Older Australians*, sponsored by Musculoskeletal Australia, University of Sydney and the Australian Government still has one small group running from Dulcie Shaw House with Lynne.
- Our *West Welcome Wagon Volunteer English Tutors* program funded by Hobsons Bay City Council to support the volunteer tutors helping refugees learn English is postponed for the time being.
- Hobsons Bay City Council has also assured us of continued funding, even if we don't meet contract deliverables.
- The Victorian Department of Health and Human Services have assured Neighbourhood houses will continue to receive Neighborhood House Coordination funding during this crisis.
- Adult Community and Further Education has assured continued funding, even if we don't achieve contracted student enrolment targets.

We've also been busy working hard on getting our heads around the JobKeeper payment and associated administration, which has been very tricky and complex. We have established that we did not meet the required reduction in turnover in April. So, we will therefore be enrolling with the ATO for the JobKeeper payment to commence in the week starting May 11.

As well as re organising staff, making forecast projections and generally trying to 'keep ahead of the game' in an environment of constant and significant change.

Finally, the completed Report of our award winning EAL Teacher Jodie Whitehurst, on her ISSI Fellowship is now available to look at under '*Fellowship Reports*' on the ISSI website [HERE](#).

Well done Jodie!

Please take care everyone.

Mark.

**Dr Mark Brophy**  
**Manager**  
**Williamstown Community and Education Centre Inc**