



Williamstown
Community
and Education
Centre Inc

Newsletter September 2020

Joan Kirner House and Spotswood Community House
**For Members, Committee, Staff, Volunteers, Students, Parents,
Stakeholders, Centre users, Partners, Sponsors and Our Community**

2019 HOBSONS BAY
BUSINESS EXCELLENCE AWARDS
WINNER



We are a Finalist in the Victorian Training Awards!



In the Category of -

Community Training Provider of the Year

"The awards recognise and honour the outstanding achievements of individuals, organisations, employers, and training and community providers in the Victorian TAFE and training sector."

Awards in the Media

- Premier announcement and Minister for Training and Skills and Higher Education Gayle Tierney Press Release - [HERE](#)
- Victorian Department of Education – [HERE](#)
- The National Tribune - [HERE](#)
- Mirage - [HERE](#)

Thanks to Lynne and Tahlia for helping with our gruelling Victorian Training Awards Finalist selection panel interview last week.

A 20 minute presentation, followed by a 20 minute question and answer session, with five panellists, on a brand new online platform we had all never used before!

Of course, there were online 'bugs'...

I wish the other two finalists a sincere 'best of luck' - The Centre for Continuing Education and Cire Services Inc. Two tough competitors, yet fantastic and deserving community training providers.

Winners will be announced on Friday September 18. Fingers crossed!

Parliamentary Secretary, Cesar Melhem has a 'virtual visit' to our Centre

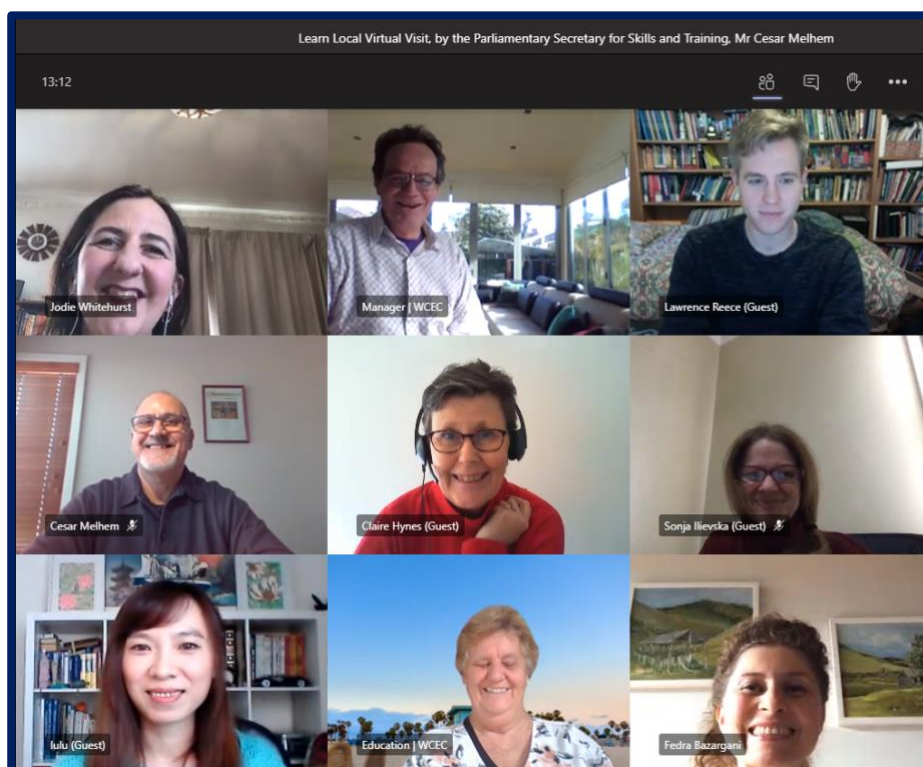
Parliamentary Secretary for Skills and Training and Member of the Western Metropolitan Region in the Legislative Council, Mr Cesar Melhem, had a 'virtual online visit' to our Centre on Thursday August 27.

Thanks to all who attended.

The Parliamentary Secretary gave a very heartfelt and warm congratulations for our Centre for becoming finalists in the Victorian Training Awards.

Thanks to all who helped organise and participated, including Lynne, Jodie, and Lulu, one of our students, for their great presentations.

Thanks also to Tahlia our Admin Officer, and Sarah and Gloria from the Department, who worked behind the scenes.



In the Media

'Like a five-star hotel': Homeless find stability in a place of their own.

The Age, July 19, 2020. [HERE](#).

A good news story about one of our long-term students, Armindo.



'Certificate of Excellence' for our Centre



TERRACYCLE COLLECTOR ACHIEVEMENT



.....
WILLIAMSTOWN COMMUNITY & EDUCATION CENTRE INC
.....

IS HEREBY PRESENTED THIS CERTIFICATE OF EXCELLENCE
FOR COLLECTING OVER

5500 PIECES OF WASTE

As part of the



ORAL CARE
RECYLING PROGRAM

'Real Impact. Real Value'.

Below is a 'Community Value Report' prepared for us based on annual data provided to NHVic in the 2019 Neighbourhood Houses Survey.

Joan Kirner House

Real Impact. Real Value.



INCOME

\$948,766

Services include:

- Computer/internet usage: **\$2,880**
 - Room hire: **\$13,500**
- Résumé assistance: **\$360**
- Community lunch, frozen or other meals: **\$480**

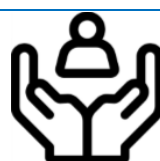
Employment value

16.46 FTE jobs

including 11.8 direct and 4.6 indirect
Full Time Equivalent positions



These calculations were conducted by Neighbourhood Houses Victoria Based on data provided in the 2019 Neighbourhood Houses Survey. Only activities where a determinable valuation method exists are included.



VALUE

\$6,073,162

This figure includes the value of:

Improved quality of life through social
connection: **\$477,231**

Volunteer contributions: **\$175,399**

Services provided: **\$17,220**

Adult Community Education: **\$5,298,707**

Early childhood education and care:
\$104,604

This community value equates to:

\$6.40 for every \$1 of income

\$74.83 for every \$1
of Neighbourhood House Coordination
Program funding

Over **\$2,130.93** for every hour the
neighbourhood house is in use



In these challenging times, Hobsons Bay City Council is here to support the entire community

Please remember to reach out to us, both now and in the future.

OUR SERVICES:

We provide one-on-one support and wellbeing checks to our residents through regular phone calls. We can also connect you with community services who can help with:

- Food hampers, pet food
- Medication, nappies
- Access to cleaning supplies and masks
- Counselling, mental health and domestic violence support
- Aged care, family services, library services including book deliveries and children's activity packs (Council services)
- Social activities, employment and training information
- Covid-19 information in your language
- Other support for you and your loved ones

GET IN TOUCH:

If you would like some help, we would love to hear from you. Connect with us by email at: communityconnector@hobsonsbay.vic.gov.au or phone our Customer Service team on 9932 1000. Please tell them you are calling for the Community Connector.

If you would like to register for our wellbeing check phone calls, please write **REGISTER** in the email subject line, or tell your Customer Service representative over the phone.

Council works in partnership with the state government, community agencies and relevant organisations in Hobsons Bay to support the wellbeing of the community.

Please remember to take care of yourself and others by practicing physical distancing, hand washing hygiene, wearing a mask and staying home except for the four reasons to go out.

Hobsons Bay Community Has Heart.



**HOBSONS BAY
LANGUAGE LINE**

9932 1212

INTERPRETER SERVICE FOR ALL LANGUAGES

Your Council in your language

Telephone interpreting service

Arabic	خدمة الترجمة الهاتفية
Burmese	တယ်လီဖုန်းဖြင့် စကားပြန် ဝန်ဆောင်မှု
Cantonese	电话口译服务
Croatian	Telefonska služba tumača
Greek	Τηλεφωνική Υπηρεσία Διερμηνέων
Italian	Servizio telefonico interpreti
Karen	လီတစ် တံကတီကျိတံ တံမ
Macedonian	Телефонска преведувачка служба
Maltese	Servizz ta' Interpretar bit-Telefon
Mandarin	电话口译服务
Vietnamese	Dịch vụ Thông dịch qua Điện thoại

PARENTING CHILDREN WHO WORRY

ZOOM WEBINAR



Designed for parents and families:

This webinar is perfect for parents and carers of children who are a little bit too concerned about everyday life.

Offering basic information and strategies to help children worry less alongside how to develop an action plan for helping them move from feeling anxious, to feeling more empowered and able to act when they are uncomfortable.

This seminar, facilitated by Helen Rimington of Drummond Street Services, is appropriate for parents and families of children between 2 – 13 years. Helen holds a Masters in Education and is a Senior Project worker at drummond street with over 30 years' experience in developing and delivering evidence based training.

When: Wednesday 23 September 2020

Time: 7.00pm – 7.45pm

Cost: FREE

RSVP: Bookings can be made via
earlyyears@hobsonsbay.vic.gov.au or 9932 1000

BOOKINGS ARE ESSENTIAL



**HOBSONS
BAY CITY
COUNCIL**



CORONAVIRUS (COVID-19) EXTREME HARDSHIP SUPPORT PROGRAM

the
power of
humanity



Emergency financial assistance for people living in Victoria

Who is this program for?

Applicants must meet all of the following:



live in Victoria



be unable to access Commonwealth income support (including JobKeeper and JobSeeker) **OR** the International Student Emergency Relief Fund



have zero or very limited income, savings or community support



be a temporary or provisional visa holder, or undocumented migrant

What support is being provided?

Limited cash payments to cover basic needs, such as food, bills and medicine.
A single person may receive \$400. Families may receive more.

Red Cross can also provide information about other supports available to people living in Victoria on temporary visas.

For more information and to apply go to
redcross.org.au/vicrelief

If you have questions you can request a call back, including with an interpreter.

Be work ready in 7 months

There is high demand for essential workers in
Aged Care and Disability Care.

STUDY FOR FREE – QUALIFY IN 7 MONTHS

CERTIFICATE IN INDIVIDUAL SUPPORT (AGED CARE)
WITH VU POLY



Accepting Applications on our website
until October 10th 2020



SUPPORT TO STUDY AND GET A JOB

- Peer-supported – women only classes
- Small groups of students
- Study skills and English Language support
- Free courses



Register at www.theplacementcircle.org

Questions?

theplacementcircle.org

(03) 9114 7826

contact@womencanaustralia.com



Find your place

Message from Western Health

Western Health seeking your support

At Western Health we are on a journey to make the care we provide truly centred around the needs and wishes of our patients.

We cannot do this without our plans being informed by the views, lived experience and insights of the community that we serve.

Our consumers fulfil this vitally important role and ensure that our patients and the community have an active voice that influences all elements of how we provide care.

We are seeking members of our community to represent these views on our Committees, Advisory Groups and forums.

If you have connections within your community and would like to be part of ensuring that your local health service has specific pathways from its local community voice- then please contact us to discuss.

It is helpful if you can use zoom and have access to a computer – however we can discuss these points at interview.

Please contact Jo Spence – Manager, Consumer Partnerships on jo.spence@wh.org.au

Jo Spence

Manager, Consumer Partnerships & Health Literacy

Work days: Monday, Tuesday & Thursday

*Western Health
176 Furlong Road
St Albans VIC 3021*

*Tel. 03 8345 1302
Mob. 0481 917 695*

Web. www.westernhealth.org.au



Help during the pandemic

Phone chats and mental health support

- Salvation Army *Melbourne Project 614* has a friendship phone line between 8.00pm and 10.00pm, Major Brendan Nottle and his team will be taking calls on (03) 9653 3277 and offering a tonic to the loneliness and isolation many people are feeling.
- The *Victorian Council of Churches Emergencies Ministry* has trained up to 1500 people to provide psychological first aid. You or your community can reach them [HERE](#)

Emergency Relief and meals

- Emergency Relief providers in the West. An overview of all available assistance [HERE](#)
- Find information on the *Red Cross Emergency Relief* support in Victoria [HERE](#)

New COVID resources

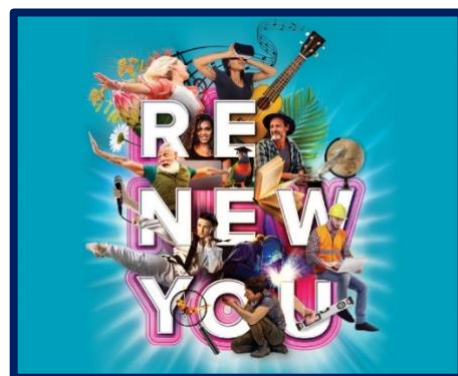
- *Call - to -Test* service, accessible to people who cannot leave home due to injury, mobility or other reasons. This may be useful for some of your community members. More on this new service - [HERE](#)

Adult Learners Week

Adult Learners Week runs from September 1 to 8 this year.

And It's all online!

With the theme 'Renew You' - there is a large range of activities on their website [HERE](#).



Musculoskeletal Australia National Consumer Survey

Are you the one in three Australians living with a musculoskeletal condition?

Back pain, gout, osteoporosis, arthritis, other?

Take part in the first ever National Musculoskeletal Consumer Health Survey and have your experience heard.

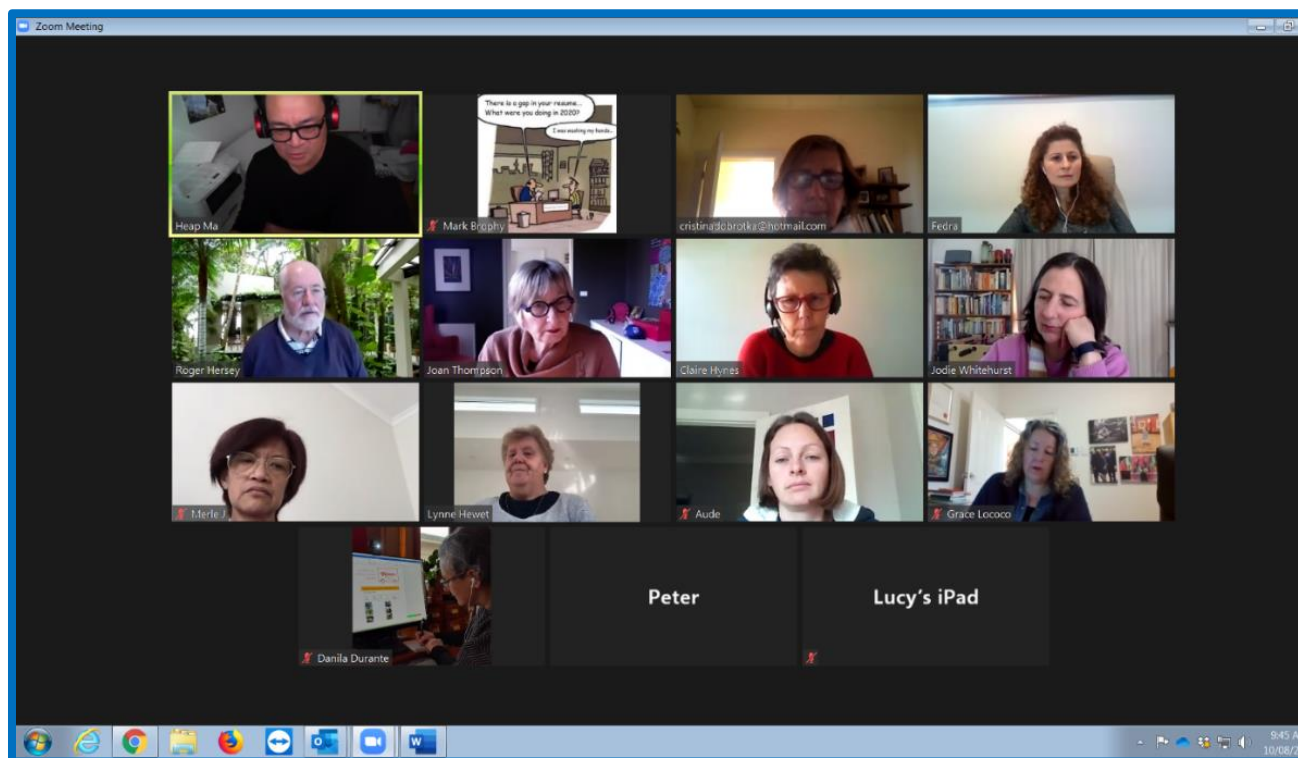
Take part now - <https://mskconsumersurvey2020.questionpro.com.au>

For more information about Musculoskeletal Australia, please visit the website [HERE](#)



Staff Professional Development

Big thanks to Lynne and Heap for preparing, facilitating, and presenting our online PD on Monday August 10.



We had a good turnout with Lynne, Heap, Rita, Fedra, Roger, Claire, Jodie, Lucy, and me.

We also had visitors with Joan from U3A and Danila, Merle, Grace, Aude and Peter from Western Welcome Wagon.

Thank you to our fantastic teachers

“The teacher PD session was a positive way to reinforce the need to keep our students engaged and provided valuable information on how to do this using Zoom.

Thanks to Heap for hosting the session and providing a great power point presentation.

Thanks also to Roger and Jodie for sharing their teaching notes.

While we are in isolation many students are feeling scared, lonely, and unsure about what is happening around them. Allowing them to come to the Centre when we were in stage three gave them something positive to do each week and enabled them to continue their studies.

Now we must look at other ways of maintaining this valuable social contact and provide them with support as well as helping them with their studies to improve their English.

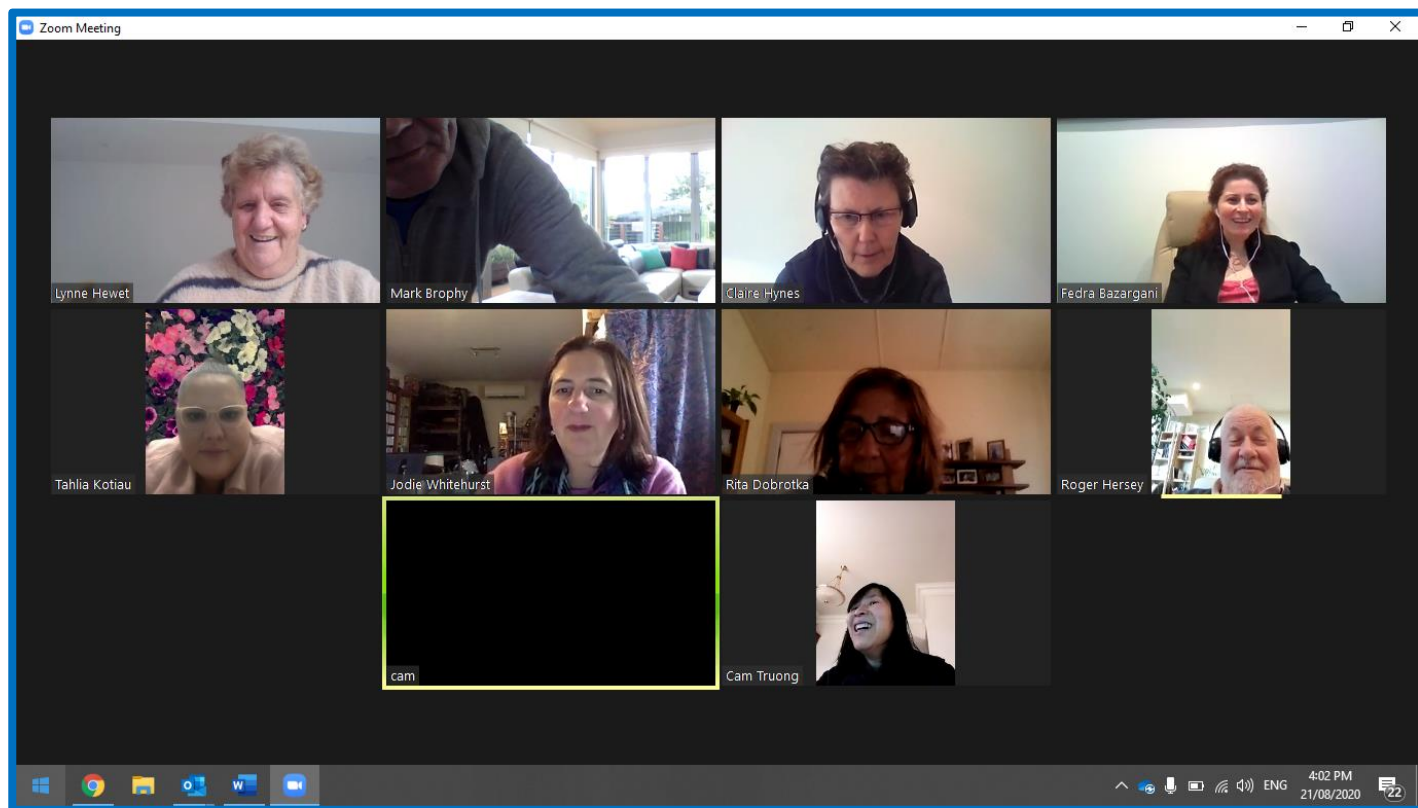
Zoom meetings are proving popular so congratulations and well done to everyone for embracing this technology”.

Lynne (Education Coordinator)

Manager's musings

Our 'Friday Afternoon Catch Up!' for staff is fast turning out to be the preferred pandemic highlight of the week! Thanks to Roger for the inspiration, and Lynne for hosting.

A chance to engage, catch up, debrief, share stories, ideas as well as best practice and generally build morale and wellbeing in these tough times.



Reminder to staff that drop in, to sign in and sign out, with date and times, on the sheet at reception. This is for contact tracing, just in case,

Also, if you are working on site at a venue anywhere else, please do not come to our centre.

At the recent Committee of Management meeting our new Business Plan and Policies were reviewed and approved.

These are now on our website and at reception.

The Committee also approved an important business continuity strategy, considering the impact of the Coronavirus, and made funding provisions for the next three years.



We will be starting a 'Rebuilding Post Pandemic Project' for our Centre that will commence in 2021 and run for three years to the end of 2023.

The Centre has also purchased a 12 month Zoom subscription for staff. Thanks to Roger, Lynne and Tahlia for setting up the admin side of things.

Strange times when our Newsletter is full of Zoom screen shots!

Who would have thought?

Many thanks.

Mark.

Dr Mark Brophy
Manager
Williamstown Community and Education Centre Inc